JOHNS HOPKINS MEDICINE
SIBLEY

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JOHNS HOPKINS NATIONAL PROTON CENTER OPENS AT SIBLEY p. 6
Sibley has long been committed to providing exceptional cancer care for our community. In recent years, we’ve greatly enhanced the oncology services offered on our campus with the addition of the Kimmel Cancer Center and pediatric radiation oncology in collaboration with Children’s National Hospital. Adding proton therapy to our services is a natural extension of our growing oncology programs.

The Johns Hopkins National Proton Center offers adult and pediatric patients precise cancer treatment, the benefits of expert research and access to nationally recognized specialists. Our patients benefit from the advanced technology available at our center and the research we’re conducting to identify the best treatment options for each person.

Additionally, we are one of only a few centers globally with a dedicated pediatric team. Our pediatric care is delivered in collaboration with Children’s National Hospital, which ranks in the top 10 nationally for pediatric cancer care. For children, proton therapy shows particular promise because of its precision that spares vital organs and may result in fewer development side effects.

We are proud to offer a full range of oncology services that people in our region and beyond can trust. Our commitment has always been to provide access to the best care available and with the addition of the National Proton Center, we are able to enhance that promise.

Hasan Zia, M.D., M.B.A., F.A.C.S.
Interim President & CEO
Sibley Memorial Hospital
Johns Hopkins Medicine
Ahead of the Curve
NEW TECHNOLOGY FOR A GENTLER MAMMOGRAM EXPERIENCE

In an effort to make getting a mammogram more comfortable, and more efficient in the process, the Sullivan Breast Center now utilizes a new curve technology, made possible through contributions from the Judith A. Lese Breast Cancer Foundation and other generous donors. This involves a curved compression surface that mirrors the shape of a woman's breast. The rounded surface improves comfort by reducing pinching and evenly distributing pressure over the entire breast.

Patients can feel reassured that this state-of-the-art screening experience delivers high-quality imaging results with no additional exam time needed. It is paired with low-dose, 3D mammography, providing the most accurate results, minimizing false positives and reducing radiation exposure. With 3D mammography, breast radiologists are able to examine “thin-slice” images of the breast, enabling them to see fine details more clearly and accurately.

To schedule an appointment, call 202-537-4795 or email smh-mammo@jhmi.edu. To learn more about mammography services at the Sullivan Breast Center, visit sibley.org/mammo.

Community Issues, Community Solutions

Ward Infinity, a social innovation program launched by Sibley Memorial Hospital for community innovators from Wards 7 and 8, recently finished its second year. In a competitive selection process, Ward Infinity awarded $30,000 in scholarships to four teams. For five months, these ambitious community health innovators utilized that funding and received training in the key principles of Sibley’s innovation method, a human-centered design process.

The teams also received coaching and technical assistance from public health experts at Johns Hopkins Medicine as well as an advisory council of government and community representatives. Their design solutions target three priorities identified by community members: access to healthy food, improving housing options and using technology to improve health literacy. The teams presented their projects to business leaders, elected officials and other community stakeholders from the District at a town hall event at the R.I.S.E. Demonstration Center on June 27. Learn more about their dedicated efforts to improve our community at sibley.org/wardinfinity.
PROTON THERAPY ADVANCES CANCER CARE AT SIBLEY
And around the world

On June 15, leading figures in the development of a powerful new form of cancer treatment gathered at the Johns Hopkins Medicine and China Northwest International Medical Center (CNIMC) 2019 International Health Industry Forum. The event marked the initiation of a three-year agreement between Johns Hopkins Medicine International and CNIMC, a new hospital to be built in Xi’an, the region’s largest city. Experts from Johns Hopkins Medicine are consulting with CNIMC leadership in a range of areas, from the design of the hospital’s master plan to its clinical programs.

One of the presenters at the forum was Curtiland Deville Jr., M.D., associate professor of radiation oncology and molecular radiation sciences at the Johns Hopkins University School of Medicine, clinical director of Sibley radiation oncology and associate medical director of the Johns Hopkins National Proton Center. Dr. Deville’s presentation examined the progress and future of one of the hottest topics in the field: proton therapy. In addition to his talk, Dr. Deville participated in planning for the Chinese hospital’s proposed proton center.

THE PROTON ADVANTAGE
Proton therapy, as Dr. Deville explained in his presentation, does not exit into surrounding tissues and more directly targets tumors, compared to conventional photon (also known as X-ray) therapy. This minimizes radiation exposure and damage to healthy tissue and organs while better targeting cancer cells.

Dr. Deville began using proton therapy nearly a decade ago, practicing at the University of Pennsylvania’s Roberts Proton Therapy Center from its opening in 2010 until he joined Johns Hopkins Medicine in 2015. He also has done significant research on the topic, including writing textbook chapters on proton therapy for prostate cancer and soft tissue sarcoma and the first publication on the clinical use of proton therapy after a radical prostatectomy for men with prostate cancer.

In October 2019, the Johns Hopkins National Proton Center at Sibley Memorial Hospital debuted the first of three treatment rooms, joining only a small number of other proton therapy centers in the United States. Second and third treatment rooms “will become operational in the months afterward,” Dr. Deville says.

GREATER PRECISION, GREATER SUCCESS
Proton therapy is an effective and safe way to treat tumors in challenging locations in the body, including brain tumors and cancers in the spine, liver, base of the skull, and head and neck, explains Dr. Deville.

One of the most important benefits of proton therapy is that it has no exit dose — meaning the treatment beam stops at the tumor and doesn’t impact healthy tissue beyond the target. “So, you can reduce the radiation dose exposure to normal healthy tissues when treating patients,” he says.

In addition to patient care, the center will conduct clinical and laboratory research, including lab studies to better understand the radiobiology of proton therapy, as well as some of the nation’s largest studies assessing proton therapy for additional cancer types, such as prostate cancer, breast cancer, lung tumors and liver tumors.

To request an appointment, call 202-804-3343.
Johns Hopkins Medicine has opened a national proton center that gives adult and pediatric patients access to highly targeted cancer treatment that spares nearby healthy tissues and organs, reducing potential side effects including the risk of recurrence.

The Johns Hopkins National Proton Center, which opened October 1 of this year with experts from the Johns Hopkins Kimmel Cancer Center, welcomes patients from the region, from across the country and even around the world.

“We are excited to offer state-of-the-art cancer care, with an emphasis on proton therapy research and innovative clinical trials,” says Christina Tsien, M.D., medical director of the proton center.

“Johns Hopkins physicians are committed to a multidisciplinary team approach. Radiation treatment is an important component of cancer care,” she says. “With the new facility, we have the ability to precisely target tumors with proton radiation, using sophisticated image guidance and ‘pencil beam’ scanning technology. This allows us to deliver higher radiation doses to cancer cells while sparing nearby vital organs and normal tissues. As a result, patients are better able to tolerate radiation treatment with fewer short- and long-term side effects.”

Unlike traditional radiation, which uses X-rays to destroy cancer cells, proton therapy uses subatomic particles with about 2,000 times more mass, explains Matthew Ladra, M.D., M.P.H., assistant professor of radiation oncology and molecular radiation sciences; and director of pediatric radiation oncology, Johns Hopkins Kimmel Cancer Center at Sibley Memorial Hospital.

Conventional X-ray therapy allows 30% to 40% of the dose to pass through the targeted tumor. But protons stop at the edge of the tumor, preventing unnecessary damage to adjacent healthy cells and tissue. As a result, there is less damage to delicate structures such as the brain, heart and spinal column. The risk of secondary cancers from treatment also decreases.

“We know exactly how to control the energy and speed of protons, so they can deposit energy that kills the cancer and very little dose goes anywhere else,” says Theodore DeWeese, M.D., vice dean for clinical affairs and president of the Clinical Practice Association at Johns Hopkins Medicine.

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“We know exactly how to control the energy and speed of protons, so they can deposit energy that kills the cancer and very little dose goes anywhere else.”

— Theodore DeWeese, M.D.
Proton therapy can be especially valuable for children, explains Dr. Ladra, because it minimizes the excess radiation that can impair growth, cognition, fertility, vision or hearing.

“If a child has a tumor located on one side of the brain, protons can effectively eliminate any radiation from traveling to the other side of the brain,” says Dr. Ladra. “Spinal tumors just behind the heart, tumors next to the eye, or tumors in the muscles next to reproductive organs are all situations where proton therapy shines and can reduce the chance of having any negative impact on those organs.”

CLINICAL TRIALS AND RESEARCH

The team of experts at the Johns Hopkins National Proton Center will lead efforts to study outcomes for many types of disease treated with proton therapy, including head and neck, brain, breast, gynecological, sarcoma, lung tumors, pancreatic and liver tumors, cancer in lymph nodes, and tumors located near the heart and major blood vessels.

While clinical trials assess treatment outcomes, experts are using laboratory and biological research to better understand how the cancer cell-killing energy released by proton treatment interacts with the cells and tissue surrounding the tumor.

Through a strategic partnership with Howard University, the proton center will also serve as an educational and training site for students enrolled in Howard’s physics program.

American physicist Robert Rathbun Wilson first proposed proton beam therapy for cancer treatment in 1946. The world’s first hospital-based proton treatment center opened in 1990 at Loma Linda University Medical Center in California.
Now, about 30 hospitals nationwide offer proton therapy, meaning it is still out of reach for many patients who would benefit from it.

More than half of patients diagnosed with cancer will receive radiation treatment, often combined with cancer’s two other treatment methods, surgery and chemotherapy, including immunotherapy and other biological therapies.

“There are more people being cured, but there are also more people living with the side effects of the cure,” Dr. DeWeese says. “It’s really incumbent upon us to use the most advanced technologies, along with chemotherapy, along with surgery, to try to give the optimal outcome. Not just quantity of life, but quality of life.”

Learn more at hopkinsproton.org.
Every day at Sibley Memorial Hospital, volunteers touch the lives of patients, families and visitors, generously giving their time to make each moment better for those around them. Through their dedication, compassion and generosity, the members of volunteer service are committed to the hospital’s mission to provide a great patient experience.

To commemorate 60 years of service, the volunteer service recognition program hosted a series of fun-filled events beginning in January 2019 and culminating in the Diamond Jubilee during National Volunteer Week in April. Those who have volunteered tirelessly to maintain Sibley’s quest for excellence were welcomed to the event by Mary Anne Kanter, volunteer president, and Hasan Zia, M.D., M.B.A., F.A.C.S., interim president and CEO. Honorees were treated to a red-carpet affair highlighted by expressions of thanks and the presentation of awards by Marianne Monek, director of volunteer service and patient relations, and a champagne toast presented by Ted Miller, chairman, board of trustees.

“The volunteers have been at Sibley for 60 years. So, they’ve really started here from the beginning,” says Monek.

UNWAVERING GENEROSITY

When the volunteer service was founded by the Rev. Brady Tyson, chaplain, in the spring of 1959 as the volunteer service corps, its service motto was “love is patient and kind.” The first 19 volunteers served at the information desk of the old Sibley located on North Capitol Street in the District, and they also escorted patients and visitors to chapel services. In the fall of 1959, the group became known as “candy stripers” and could be seen wearing signature peppermint-striped pinafores.

They organized and operated a hospitality cart stocked with candy and sundries to serve the needs of patients and visitors. In 1960, the organization launched an annual tradition of awarding lapel pins to volunteers who gave 100 or more hours of service.

Today, Sibley boasts a diverse group of more than 200 volunteers serving in 30 departments throughout the hospital. They can be seen greeting patients, families and visitors with a smile at the front desk; helping patients navigate the hospital; sharing encouragement and calming words with patients awaiting surgery; and chatting amiably with shoppers in the gift shop. They also provide valuable support in the Emergency Department, orthopaedics, cardiac care, behavioral health and any unit where their services are needed.

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A Volunteer Story to Warm the Heart

What do a phone company, a Sibley volunteer and 10 great-grandchildren have in common?

While moving items from the original hospital building, Jerry Price, former senior vice president of real estate and construction, came across a photo of Stanley, a longtime Sibley volunteer, dressed in his red volunteer uniform. On the back of the frame was a note. Placed there by Stanley’s daughter, Ellen, the note asked that if the picture was ever taken down, to please contact her.

After speaking with Ellen, it quickly became clear that Stanley’s time at Sibley earned him a uniquely special legacy. Formerly a businessman, and a WWII veteran as one of the Air Force’s “Flying Tigers,” Stanley began volunteering in 1985 at the age of 65. Stanley helped wherever he could, but one of his projects would make a lasting impact. Stanley was reviewing the hospital’s phone bill statements when he noticed an irregularity. He pointed it out to the hospital’s administration who then brought it to the attention of the phone company.

Stanley’s keen eye proved correct and led to a reimbursement from the phone company to Sibley of $38,000. Needless to say, Stanley was a hero. His photograph was placed on the wall.

From that point on, a family tradition was born. Every time a new member of Stanley’s family was born at Sibley, the family took a photo of the baby next to Stanley’s volunteer photo. A total of 10 of Stanley’s great-grandchildren have been born at Sibley! Stanley passed away in 2007, but his legacy is carried on through all those who knew him and his large, loving family.

SIBLEY LOVES ITS VOLUNTEERS.
THEY WORK SO HARD, AND THEY MAKE SUCH A DIFFERENCE. LAST YEAR THEY GAVE OVER 30,000 HOURS OF DEDICATED SERVICE.

—Marianne Monek, director of volunteer service and patient relations

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SIBLEY’S SUPERHEROES

Sibley volunteers go through extensive training to learn how to perform their jobs as well as specific instructions for the department they are assigned to.

“They’re very committed to the mission of Sibley,” says Monek. “Because we’re a community hospital, so many of them come from the community and this is their home hospital. Many of them had children that were born here or a loved one has been a patient here, and they bring that extra sensitivity to volunteering that puts many of our patients and family members at ease.”

Currently, there are 60 summer volunteers, many from local high schools. “What I try to do with our younger volunteers is make it an educational experience for them,” says Monek. “I talk to them about whether they are looking to have a health care career and what their interests are, and we try to place them in the appropriate areas that would really help them decide whether this is what they really want to do.”

Monek is excited about the growth of the volunteer program and the benefits volunteers bring to the hospital.

“I feel very proud to be leading the volunteer department. It’s been a real joy for me in my career,” says Monek. “They’re really doing something important and making a difference.”

Would you like to meet interesting people, develop new skills or use your life experience? If so, please call the volunteer service and patient relations office at 202-537-4485.
CANCER PROGRAMS

Coping With Cancer: What Caregivers Need to Know SMH
Call for date | Noon-2:30 p.m.
Family members and caregivers face stresses supporting and caring for a loved one with cancer. Come share an afternoon with other caregivers, enjoy lunch and hear from Sibley experts about topics such as health insurance, financial matters, employment, coping with a diagnosis, intimacy and stress management. Lunch will be served, and parking is provided. Registration is required. Contact Pam Goetz at pgoetz4@jhmi.edu or 202-243-2320.

Meditation and Mindfulness: Practices to Help Anyone Affected by Cancer SMH
Every Thursday | 7-8 p.m.
Patients, family members and caregivers will learn ways to regulate the stress response, discover a deeper sense of ease, and gain a greater sense of balance and intentional choice in their lives. No prior experience needed, and drop-ins are welcome. For more information and location, contact Pam Goetz at pgoetz4@jhmi.edu or 202-243-2320.

Yoga for Cancer Survivors SMH

Every Monday | 7-8:15 p.m. (mat/floor yoga) | SMH
Every Wednesday | 10-11 a.m. (chair yoga) | SMH
Every Friday | 1-2 p.m. (combined mat and chair yoga) | SMH
These restorative and active classes are designed for women and men with a history of cancer. Join us to practice meditative, gentle yoga using various techniques to help reduce anxiety, increase body awareness, and regain strength. For more information and location, contact Pam Goetz at pgoetz4@jhmi.edu or 202-243-2320.

Yoga for Cancer Survivors JHSC
Five-week session | Wednesdays | Nov. 20 and Dec. 4, 11 | 6:30-7:45 p.m. | $40 for series
Gently paced classes that enhance strength, flexibility and balance. Taught by Maggie Rhodeas, a certified yoga teacher. No prior yoga experience is necessary. Scholarships are available. Open to all cancer survivors. Registration is required. Visit events.suburbanhospital.org.

Yin/Yang Yoga for Young Survivors: A Balanced Practiced for Relaxing the Nervous System and Restoring Strength SMH
Every Saturday | 10-11 a.m. | Call for location
This one-hour class is for anyone 40 years of age or younger with a history of cancer. The class will explore both Yin and Yang practices through a yogic lens, including passive stretching and breathing practices that calm the nervous system, strengthening movement. Contact Pam Goetz at pgoetz4@jhmi.edu or 202-243-2320 for more information, dates and location.

CANCER SUPPORT GROUPS

Gynecologic Oncology Support Group SMH
2nd Tuesday of each month | Dec. 10 | 2-3 p.m. Building B, Floor 1 | Medical Oncology Conference Room
This monthly support group for gynecologic cancer patients provides a place to meet others with similar experiences, and gain support and friendship. Facilitated by Samantha Rockler. For more information and to register, contact srockler1@jhmi.edu or 202-537-4105.

Brain Cancer Support Group SMH
2nd Wednesday of each month | Dec. 11
Noon-1 p.m. | Building B, Floor 1 | Medical Oncology Conference Room
This monthly open-discussion group is a place for patients and their families to find support and friendship. For more information and to register, contact Meagan Paulk at mpaulk2@jhmi.edu or 202-537-4107.

Prostate Cancer Support Group JHSC
3rd Monday of most months | Dec. 16
7-8:30 p.m.
This ongoing, monthly support group is open to all prostate cancer patients, their families and friends and provides an opportunity to gain new knowledge and share common concerns. Drop-ins welcome. For information, contact Susan Jacobstein at sjacob20@jhmi.edu or 301-896-6837.

Head & Neck Cancer Support Group JHSC
3rd Tuesday of most months | Nov. 19 | 5:30-7 p.m.
This ongoing, monthly support group provides an opportunity for patients and their families/significant others to share information and gain support during treatment and recovery. Guest speakers occasionally give presentations on topics of interest to group members. For information or to register, contact Susan Jacobstein at sjacob20@jhmi.edu or 301-896-6837.

Advanced Cancer Support Group SMH
3rd Wednesday of each month | Nov. 20, Dec. 18 | Noon-1 p.m. | Building B, Floor 1 | Medical Oncology Conference Room
A support group for people living with advanced or metastatic cancer. This discussion group is facilitated by Sarah Blomstedt, M.S.W., and Susan Ely, N.P. To register, contact sblomst1@jhmi.edu or 202-660-7839.
Breast Cancer Support Group  
3rd Wednesday of each month | Nov. 20, Dec. 18 6-7 p.m. | Building B, Floor 1, Medical Oncology Conference Room
Join to connect with, mutually support and learn from others as you navigate your life with breast cancer. This group is for patients actively treated for breast cancer up to stage 3 and who are no more than 12 months out from chemotherapy, surgery or radiation. For more information and to register, contact Jacqueline Buschmann, M.P.H., M.S.W., L.G.S.W., at jbuscnm2@jhmi.edu or 202-660-5777.

Caregivers Support Group  
3rd Wednesday of each month | Nov. 20, Dec. 18 6-7 p.m.
This monthly group is open to all cancer caregivers. Join us for an evening of learning, conversation and companionship. Guest speakers will discuss topics such as coping with diagnosis, health insurance, financial matters, intimacy and stress management for the caregiver. Sponsored by Suburban Hospital and HCI Volunteer Helping Hands. Registration is required. To register, contact Barbara Doherty, M.S., R.N., at bdohert4@jhmi.edu or 201-896-6782.

SPINE SEMINAR  
Minimally Invasive Spine Care  
Wednesday, Nov. 20 | 6:30-8 p.m. | Building B, Floor 1, Conference Room 1
Join the Sibley Division of Neurological Surgery for an informative, free seminar: Topics and speakers: The Future of Spinal Surgery: Image Guidance and Clinical Research with Joshua Wind, M.D., neurosurgeon; Minimally Invasive Spinal Surgery: State of the Art with Matt Ammerman, M.D., neurosurgeon; and Alternatives to Spinal Fusion: Disc Arthroplasty with Josh Ammerman, M.D., neurosurgeon and chair; Department of Surgery at Sibley. Register at events.sibley.org or call 202-660-6789.

SIBLEY SENIOR ASSOCIATION PROGRAMS  
Sibley Senior Association at 202-364-7602 at least two weeks before each event to register.

Free Hearing Screenings  
Tuesdays | Nov. 26, Dec. 10 | 1:30-2:45 p.m. | Building D, Floor 1, Washington Hearing and Speech Center
A hearing screener from Washington Hearing and Speech will administer an abbreviated hearing test. This screening is not for people who already have hearing aids. Please call 202-364-7602 at least two weeks in advance to make an appointment.

Laugh Café  
2nd Thursday of each month | Dec. 12 11:30 a.m.-12:30 p.m. | Building A, Floor 2, Conference Room 5
The Laugh Café is a participatory group where you will bring your favorite jokes, humorous stories, riddles or personal tales, and provoke others (and yourself) to laughter. Moderated by Tom Reynolds. Coffee and tea provided. Please call 202-364-7602 to register.

Living Alone—A Discussion Group  
3rd Monday of each month | Dec. 16 Noon-1 p.m. | Building A, Floor 2, Conference Room 5
Living alone presents its own opportunities and challenges of motherhood! Representatives will facilitate the group and are happy to help with general questions and will occasionally present on a topic of interest to new mothers. This group is open to all new mothers. Delivering at Sibley is not a requirement for participation. Moms are encouraged to bring a lunch. For more information, contact sibleyactaction@jhmi.edu or 202-243-2321.

Arthritis and Your Hands  
Friday, Dec. 13 | 2-3 p.m. | Building D, Floor 1, Conference Room 2
Arthritic problems of the hands are painful and can affect function, grip strength and activities of daily living. Janet Platt, O.T.R., will teach you how to take care of your hands and minimize the effects of arthritis. This event reaches capacity quickly — register at your earliest convenience at 202-364-7602.

SUPPORT GROUPS  
Registration required for all groups at least two weeks in advance, unless otherwise noted, at 202-364-7602.

Club Memory  
A supportive social group for people with mild dementia and their care partners. Meets at multiple locations. Call 202-364-7602 for locations, dates and times.

Diabetes Support  
A series of classes for individuals with type 1 and type 2 diabetes. An individual appointment with a diabetes educator after attending class is encouraged for review and modification of ongoing care. For more information and registration, please contact Rosemary Shinsky, diabetes educator, at roshins1@jhmi.edu or 202-537-4145.

Progressive Supranuclear Palsy Support Group  
3rd Saturday of each month | Dec. 21 2-4 p.m. | Building A, Floor 2, Conference Room 5
For more information and to register, please contact Stephen Goldman at 301-330-6954 or Safia Al Sadoon at 646-546-8685.

Blood Drive  
Thursday, Dec. 19 | 10 a.m.-3:30 p.m. | SMH
Schedule to donate today! Walk-ins are welcome without an appointment. For more information, download the free Blood Donor App at redcrossblood.org or call 1-800-RED-CROSS. Sponsor Code: SIBLEY
YOUR IMPACT

Donors Make the Difference for Patients and Caregivers

“A year ago, I was in bad shape,” says Emmy, who came to the U.S. for treatment of stage 4 breast cancer, after being misdiagnosed and going years without treatment. By the time she came to Sibley, Emmy was in so much pain that she had difficulty walking and moving one of her arms. The multidisciplinary team at the Johns Hopkins Kimmel Cancer Center quickly determined the exact location and specific type of breast cancer. She began treatment, receiving an effective, new drug that significantly improves outcomes in metastatic, hormone-receptor-positive breast cancer.

Unfortunately, Emmy wasn’t sure how she would be able to afford her medication. Thanks to generous philanthropic support, Sibley’s Center for Patient and Family Services (CPFS) is able to help patients and families throughout the cancer treatment process — providing counseling, emotional and spiritual support, and financial assistance when needed. Through Patty’s Fund, CPFS was able to cover the cost of Emmy’s medication, and today Emmy has completed her treatment and is on her way to recovery.

Every day, the Kimmel Cancer Center at Sibley provides 155 radiation and medical oncology treatments. Without the philanthropic efforts of so many selfless donors, some of those patients might not receive care. Your generous contributions to Patty’s Fund, which provides support to patients in need, help us provide financial assistance for prescription medications, taxi rides to and from treatments, and grocery cards for healthy meals. Thank you.

YOUR SUPPORT TAKES NURSES TO THE NEXT LEVEL

“Funding for nursing education keeps us at the top of our game,” says orthopaedic nurse Lisa Kirk, R.N., who recently received her orthopaedic nursing certification, thanks to support from generous donors like you.

Kirk first joined the Sibley team as an R.N. in 1998 after completing her degree at Catholic University. Aside from a brief move away for a year, she has been at Sibley ever since. She loves the cohesive, collaborative environment working with the orthopaedic team.

Oncology nurse Kristi MacEachern, B.S.N., R.N., O.C.N., also completed her oncology nursing certification, thanks to the support of kindhearted donors. “I am proud of my job every single day,” says MacEachern. “My patients meet me during the hardest time of their lives, and I have the privilege of making their day better.”

Getting a nursing specialty certification is a big commitment. The costs of exam fees and study materials can be significant. Donor support is critical in helping nurses like Lisa and Kristi take this important step. Offering support for continuing education is one of the ways Sibley works to recruit and retain a highly skilled nursing staff in a competitive market. Your donations help provide training opportunities for dedicated nurses who want to continue to expand their skills. Thank you.

Lisa Kirk, R.N.
Sibley and Unity Health Care Join Together to Expand Cancer Care

In collaboration with Unity Health Care (Unity), Sibley Memorial Hospital has established the Johns Hopkins Cancer Clinic within the Parkside Health Center, located at 65 Kenilworth Terrace NE, Washington, D.C., in Ward 7. The clinic will act as a much-needed care facility and resource to expand quality cancer services to underserved patients in the area. An on-site nurse navigator and nurse practitioner will help coordinate patient care from diagnosis through treatment and beyond, working closely with a multidisciplinary medical team to develop treatment plans. They will also be available for urgent care and follow-ups.

“We know that Washington, D.C., has some of the highest cancer rates in the nation, particularly in Wards 7 and 8,” says Hasan Zia, M.D., M.B.A., F.A.C.S., interim president and CEO of Sibley Memorial Hospital. The center provides timely access to innovative, leading-standard care by teams of specialists in multiple oncological fields.

Take Advantage of This Unique Opportunity

Attend Johns Hopkins Medicine’s A Woman’s Journey Conference

Learn about advances in women’s health from Johns Hopkins Medicine (JHM) physicians with keynote speakers at breakfast and lunch, and your choice of three out of 24 seminars. The day culminates with an additional 25 JHM physicians and faculty at Ask the Experts, one hour devoted to answering your questions on a variety of topics, including: Food As Medicine, Facial Plastics, Sex After Menopause, Dry Eye, Mood Disorders and much more!

Saturday, Nov. 23 | 8:15 a.m.-3 p.m. | Baltimore Hilton Hotel

Sign up to attend A Woman’s Journey at hopkinsmedicine.org/awomansjourney/baltimore or call 410-955-8660.

WE’RE GOING DIGITAL!

Beginning with the next issue, Johns Hopkins Medicine Sibley will be switching to a digital-only format. We will feature the same great articles, with the benefit of enhanced content such as videos and downloadable resources. To sign up, visit sibley.org/signup.

The community health event calendar will be available at events.sibley.org.